

Dear Ram,

Long time no speak! I hope you are doing well.

"I" left this morning. Or rather I realized that little me was never real. It's funny how humans insist on completely identifying with a limited role. Funny and nonsensical. I guess I'm free now ☺. I don't really know what else I could do on this spiritual path, as only little me would benefit from any sort of action in the first place. Obviously there are still *vasanas* that need to be sorted out, but I have a feeling it will be easier now that I know that I'm never upset or stressed, just the role I've been playing for so long is upset.

I guess my question now is: why on earth are we conditioned to play these silly roles? And why is everyone so ignorant of such an obvious truth? We get so lost in our concepts that we forget concepts are just concepts! I would assume that more people would see through the ego. I guess if the ego is all you know though, there's not much point in searching for the self as for them, the ego is the self. I finally understand when you say that humans believe they are limited. It all seems a bit ridiculous now, and to be honest I'm embarrassed at how seriously I've taken the ego in the past.

All there is left to say now is thank you. I would not have made it without your emails, website and book.

Love,

Matt

Hi Matt,

Good for you! It makes me very happy to see Vedanta do its job. Yes, the *vasanas* will play out on their own. It is the belief that the little me is real that keeps them recycling. They will be easy to manage from now on.

As far as the 'silly roles' question goes, there are a couple of answers, one a bit fanciful, the other more sensible. The first is the Lila theory. It means that the self was bored just being the one without a second. It wanted a bit of excitement so it decided to create the worlds and then it assumed the costume of an individual, like an actor puts on a costume and plays a role, and as such it eternally sports in duality. It's a nice happy theory, popular with the 'celebrate life' crowd. The other is the Maya theory favored by more serious types. You now know that there is no Maya, but for individuals who have not realized the nature of the self and seen that the little me is unreal, it is seemingly unknown. Again, as with the Lila theory, it is a bit ridiculous from the self's point of view because how can the eternally self aware self forget what it is? But it apparently does forget and in that forgetting the worlds are born and the self pretends that it does not know what it is and because not knowing is painful it struggles to re-discover itself. Voila enlightenment! But the real reason is that there is no reason. It is just how things are.

Anyway, if there are any other little tidbits of ignorance that need sorting feel free to write. It is silly to say it, but God bless you Matthieu.

All the best,

Ram

