

The Woo Woo Stuff

Dear Ram

Ah, I see! Thanks. I'm not expecting the world to disappear, but it seems the notion of experiential enlightenment hasn't fully dissipated. The smaller experiences generate an expectation of "the big one," I suppose. Of course, I should know better! If a particular point of view is assumed, the mirage will always look like water, no matter how sure one is that it isn't...and whether one sees a disagreeable person as God playing a part, or merely another separate personality, the same situation will still exist.

Although, I'll admit, I enjoy the mysterious aspects of spirituality like *avatars*, *samadhis*, *siddhis*, etc..., I appreciate how straightforward your approach is. The rest is very entertaining, and valuable to a point, but could cost a lot of time if too much attention is put there. I'm starting to see why you think it is so important to distinguish Yoga and Vedanta.

Neil

Hi Neil,

Yes, there is nothing 'wrong' with the woo woo stuff, although to be frank I find it as boring as politics and religion these days. Life is pretty boring on one level and I suppose the mystical stuff is no worse than going to the movies, but the thrill always wears off so what has actually been gained? Chasing anything is a waste of time. I just sit still and enjoy the self and wait and see what comes. When the mind is full of bliss, it doesn't matter what is happening.

James