

Dear Ram

I have had a huge shift in the last few days since you were here. I always understood 'the world is in you' teaching intellectually, but since the satsang on Sunday I am now really experiencing it. It is quite weird actually - like everything now is a cinema screen which I am seeing, but now I am completely realizing that there really is no 'out there'. Just 'me' watching it. Which I also have total control of, as I can chose what to see on the screen or take the mind away from it. On the one hand I find this rather lonely - being on my own and realizing that there is nothing out there. I've been feeling this for some time, actually. Although I lead rather a quiet life outside work, so much stuff seems futile now (TV, conversations that go nowhere, Western life in general). But seeing that there are no objects outside, just what I experience inside, is a bit isolating. At other times I get overwhelmed by great waves of love for everything in creation. It's quite nuts really, in Vedanta land! I can't really talk about this to anyone as they might lock me up!!! Please don't email me back and say I am actually mad (whatever that means anyway). I am going to sit quietly with this for some time and watch. Anyhow, thought you would like to know how the fast track is progressing....

Love,

Dorothy

Dear Dorothy,

Welcome to Vedantaland where everything is topsy turvy but the great waves of love can't be all bad, can they?

Love,

Ramji