

Dear James,

I just felt connecting with you. With great interest I absorbed Premananda's interview with you in his latest book Arunachala Shiva. I was with Osho for many years. It set the ground for much opening and emotional clearing and to being in the Heart of devotion. I spent time with Barry Long and finally with my beloved master Ramesh Balsekar. His Advaita teaching put quite a few pieces of the puzzle in place. Ramesh was very clear that his teaching is a concept, very appealing for intellectual recognition. Yet, in order to integrate he was adamant that it needs to come to an experiential level, which takes time and self enquiry.

Over time I felt that there was nowhere to go anymore to find what I was missing, which was quite a relief. The old mind set had been disempowered to quite an extent. Yet, I do not feel that the 'goal' has been 'reached' yet. There is a deeper founded restlessness that lets me know that sitting back is not where I am yet.

What appealed to me in what you say is that you can, if a person is ready and receptive enough, transmit the Self. That is quite a trigger, and provokes my deepest longing. Whatever I do in my life, I know that doing all the things I am doing is not my true purpose.

Much love to you,

Martyn

Hi Martyn,

I am not sure where you got the idea that I can transmit the self. Any transmission would be experience and would be subject to change. And nobody can transmit you. You are the self, awareness, already. There is nothing mystical about enlightenment. If you do not understand this, then a qualified teacher can help you understand, assuming you are qualified to understand. Once the understanding is in place, you can use it to remove your ignorance about who you are. This will bring about a change in the way you experience life. It will not change the events in your life but it will change the way you interpret them. It will allow you to relate to life in such a way that whatever attachment you have disappears. Your fears and desires will gradually disappear. You will live free because you know that you are free by nature. You will see that nothing you can gain from life can complete you, nor can life take anything away from you. No one

can transmit freedom. It is the nature of the self. Assuming you are a mature dispassionate person, I can transmit self knowledge. Whether or not it removes your self ignorance is up to you. That is all. But that is all that is required for liberation, assuming you are qualified for it. I hope this has been helpful.

James