

Dear James,

Oh, another question about scripture. Would you say that there is some knowledge I haven't heard now or is there still something left?

James: Is there another 'you' to have knowledge about? If there is, then there is another knowledge.

Ted: What I want to say is: Vedanta was something I immediately understood and liked and I think it is not so much about ancient texts and teachings of countless different Gurus but to apply the knowledge and live it. Am I right?

James: Yes, it is not ancient knowledge. No, you are not right. It is self knowledge. It is the knowledge that reveals who you are. But it is not theory and practice either. It is just pure knowledge, like 'this is a computer.' There is nothing you need to do about it. You just know what it is. This knowledge is saying quite the opposite. It is not telling you to do anything once you understand it. It is saying that once you understand it, you do not have to do anything. If you feel that you have to practice it, then you have not understood what kind of knowledge it is.

If you feel you have to practice it, it means that you take yourself to be imperfect in some way. But this knowledge says that you are perfect right now. You can act, but there is nothing to practice. You do not practice being Ted. You are Ted.

Love,

James