

# A Mind Filled with Awareness

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Source: <http://www.shiningworld.com/site/satsang/read/134>

**Seeker:** Hi, James. I came across you and ShiningWorld at the Conscious TV site. Visiting ShiningWorld, I found Vedanta in an accessible form. "Thank you" says it all. After years of gathering, Vedanta was the plan for assembly, a comb through tangled hair. All my life was spent lost, trying to find a way home, wandering here and there. Vedanta seems to be the way home at last.

It's like *rajas* is polishing off *tamas* with the polish of Vedanta to reveal a mind that is filled with awareness. It always has been, but somehow Vedanta has produced the clarity of mind needed to recognize truth.

Thanks again.