

# A Simple Delight

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2004-01-31

Source: <http://www.shiningworld.com/site/satsang/read/1746>

**Atma:** Hello, Ram, from one vapour to another! I wonder which country you are in now. It must be time for me to hear about some of the highlights of your recent travels, it's about three months since you left Tiruvannamalai.

It's interesting that after our intense two months of investigating the self now all such has completely gone to be replaced with a simple delight as each day, each moment unfolds, a nice balance between mostly being at home, playing with my projects, watching an intensely creative unfolding from within, going out to meet people and having some great *satsangs*. Finally, that me is the self, the screen on which it is all projected, ever quiet, peaceful and unchanging. Whatever game the ego is into, nothing changes, I am peace.

~ Atma