

A Subtle Tweak From Indirect To Direct

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Inquirer: Daniel,

I like this quote by Krishnamurti, what do we know about him, is he traditional Vedanta or a neo?

The reason I like it is because as I am finally identifying more with the Self. The man made constructs of race, religion, nationality etc. are collapsing.

Daniel: I can't comment about Krishnamurti, but from what I understand, he did not come from, nor share, traditional Vedanta.

But I can comment on your statement, which if contemplated on, will be of supreme value.

Ruminate on the this: *"The reason I like it is because I am finally identifying more with the Self."* Versus *"The reason I like it is because I am finally identifying more with myself as the Self."*

You see the shift from indirect to direct knowledge? The first statement objectifies awareness as something other than yourself; duality remains.

Whereas the latter is a direct claim of your true identity which simultaneously dissolves the split between a subject-object relationship. It's a subtle but profound tweak.

The first statement implies that there's two you's and that the Self is something to attain. But can you get something that you already have...that you already are?

Now that's something worthwhile meditating on ;)

Inquirer: Thanks Daniel. I see that I am implying duality now you pointed it out. This is why I need to keep talking.

Feeling so much better about things now.

Daniel: You bet.

Much love,