

A Subtle Tweak from Indirect to Direct

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Inquirer: Daniel, I like this quote from Krishnamurti. What do we know about him? Is he traditional Vedanta or a Neo?

The reason I like it is because I am finally identifying more with the Self. The man-made constructs of race, religion, nationality etc. are collapsing.

Daniel: I can't comment about Krishnamurti, but from what I understand he did not come from, nor share, traditional Vedanta.

But I can comment on your statement, which if contemplated will be of supreme value.

Ruminate on the this: "The reason I like it is because I am finally identifying more with the Self," versus "The reason I like it is because I am finally identifying more with myself as the Self."

Do you see the shift from indirect to direct knowledge? The first statement objectifies awareness as something other than yourself; duality remains, whereas the latter is a direct claim of your true identity, which simultaneously dissolves the split between subject and object. It's a subtle but profound tweak.

The first statement implies that there are two yous and that the Self is something to attain. But can you get something that you already have – that you already are?

Now that's something worthwhile to meditate on. ☺

Inquirer: Thanks, Daniel. I see that I am implying duality now you that pointed it out. This is why I need to keep talking. I am feeling so much better about things now.

Daniel: You bet.

~ Much love, Daniel