

# A Testimonial to James

Sundari (Isabella Viglietti)

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Source: <http://www.shiningworld.com/site/satsang/read/36>

**Philip:** Dear Sundari, this is an email to say hello and to ask you to say a massive “thank you” to James. It’s really funny, but I saw James’ book advertised at some random non-dual website I stumbled upon, and strangely had a big impulse to send for it, without even finding out about it before parting with my money.

Well, all I can say is thank you, God, and thank you, James. As a seeker of truth for many years, I found James’ book invaluable. The book came at the exact right time for me. Also, I came across James’ YouTube Vedanta teachings and can say, hand on heart, they have helped me incredibly.

I beg that James keep making Vedanta teachings available online, as many people far and wide will be helped immensely.

Sundari, can I please ask you to pass a big thank you to James for me? I also thank you and everyone who is helping spread such teachings.

~ Yours sincerely, Philip Henry

**Philip:** Dear Sundari, thank you, but I have already subscribed to the mailing list. I must say again, the effect that James’ book and YouTube teachings had on me was incredible. They really brought about a big shift in understanding for me.

I have been a Buddhist practitioner for many years, and after reading James’ book my heart is with Vedanta. The teaching on *Isvara* really helped me; even though I was a Buddhist, I always had faith and confidence in God, and this felt so right.

I shall now carefully continue to work my way through the website and study the teachings as much as possible. I pray that through *Isvara’s* grace my ignorance problem can be cleared up. Also, can I ask is there a date for James’ next publication? Anyway, thanks again, and God bless you both.

~ Philip

PS: I do agree with you: I believe it was *Isvara’s* grace that I stumbled across James’ book.

**Sundari:** Hello Philip, yes, the hidden factor is always grace – *daivam*. Buddhism is a beautiful path, but it does not address *Isvara*, so it leaves many stuck or at a dead-end. Meditation, mindfulness, etc. can serve to prepare the mind for self-knowledge, but does not take the place of self-knowledge. Without addressing *Isvara* there is no way to actualise self-knowledge. It is one thing to know that your true nature is awareness and quite another to live as awareness. To do that, one has to address the *jiva-Isvara* identity. You are certainly on the right track and if you need any assistance with that very important topic, there are many e-satsangs at the website or

write to us. We would be very happy to be of service to you.

James' next book should be out in the next couple of months, maybe sooner. We will let everyone know as soon as it is.

~ Much love and many blessings from both of us, Sundari