

Actualisation, the Enlightenment Bug Vaccine

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Tom: Is it also true that after realization there is enlightenment sickness and that to cure it, actualization is necessary?

Daniel: Enlightenment sickness is a common bug. Yup, actualisation is the vaccine!

Tom: The way I see it, realization is personal but actualization is universal.

Daniel: I like this statement very much.

Tom: And also true that there is no clear-cut line between realization and actualization?

Daniel: Actualisation is the direct, rock-solid, absolutely doubt-free confidence that “I am awareness.” Actualisation is when this knowledge is “activated” 24/7 and renders *vasanas* non-binding as well as dissolves the sense of limitation and doership. Only you know what side of the line your understanding is at.

Tom: By the way, I'm thinking to get an *Om* tattoo so I have the actualized “stamp” on my skin, ha, ha.

Daniel: I'm covered in tattoos and can tell you that it ain't worth it!