

# Allowing the Paradox

Daniel Band

2017-04-27

Source: <http://www.shiningworld.com/site/satsang/read/3296>

**Vedantin:** Easy Thursday, friend... More musings from my back (getting better though!!!!). As always, I welcome your artful feedback.

## On “Allowing the Paradox”

The *jiva* might ask, “In a non-dual reality, how can there be awareness AND objects?” (Of course the self-realized person knows themselves to be awareness and has no need to question.)

The answer to that *jiva* question is “paradox” (a seemingly self-contradictory statement that when investigated may prove to be true)... Like the ocean/wave analogy, there is “me” (non-dual awareness) AND the apparently real, high-definition but illusory “objects” that appear in me.

A gateway to knowing is to “allow” the paradox. This allowance (or surrender, if you will) ultimately gives the *jiva* a way to loosen its grip on needing to understand or wrap its mind around the paradox which otherwise can be frustrating for it. Just allow the paradox to be.

*Karma yoga* says, “I have no control over the results of my actions, so I sit back, relax, let go, let *Isvara*, and don’t worry about anything.” To that I would add, “I have no control over what happens, so I sit back, relax, let go, let *Isvara*, and don’t worry about anything.”

**Daniel:** Easy Thursday, friend.

I’m glad to hear your *jiva*’s on the mend; the damn equipment sure can be a pain in the ass at times!

Your analysis on resolving the apparent paradox is spot on.

This “allowance” brings us to the qualification of *shradda*, faith in the teachings, not blind faith, but rather a provisional faith pending the results of one’s own investigation.

Yup – as always, acting in/with the *karma yoga* attitude never gets old.

“I sit back, relax, let go, let *Isvara*, and don’t worry about anything.” You’re a bad-ass *jnani*, my friend.

Bob Marley was almost there. ☺

Don't worry about a thing, 'cause every little  
thing's gonna be all right.

~~(Bob Marley)~~ ~bob doodle

**Vedantin:** True dat, mon!! Ha!, so funny!

You are a treasure, my friend.

**Daniel:** *Hari Om*, brotherji!