

# Another Satisfied Vedanta Customer

Ram (James Swartz)

2012-03-12

Source: <http://www.shiningworld.com/site/satsang/read/181>

**Seeker:** Hi, James. I see you are on a nice long break pretty soon – nice!

It's so hard to explain... just that the knowledge keeps expanding... like you always say, I know I am the self, but the actuality of what that means keeps being more and more filled in.

So one day I realize there are no divisions – nothing is divided from anything else, and it's all me. And that is one aspect. And then the next day I realize that there really are no “others” – that everything is me, and there is nothing to fear in the world. Then I realize “I am free” is a bogus statement that assumes a free person, and that I am just freedom itself. Then a few days later I realize that all the activity and movement is just reality, and there is no me at all in any of that. There is not even form, just light/energy moving as the expression of the never-moving that is behind it, just endless forms constantly moving around. And that is reality/me. Of course this is all stuff Vedanta says, but what I'm describing here are the moments that these teachings become real in my experience – those “aha!” moments.

It's like that, one right after another, a steady progression of understanding of what is actually implied by the statement “I am *brahman*.” And as you also always say, this comes on its own to a quiet and prepared mind. You don't have to go out and “get” this knowledge, not that it will come if you're all distracted though! But with that single-pointed desire – and what the hell else is there to desire? – then even activities with other people and worldly affairs are providing the perfect learning grounds. But it's true that one has to be focused on *moksa* and not on the world!

Having a great time here! Looking forward to seeing you this summer.