

Are *Mithya* and *Maya* the Same Thing?

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Rose: Please tell me something about “*mithya*” and “*maya*.” Are they the same thing?

Daniel: Simply summed, yes, *mithya* and *maya* are the same. *Maya* is a power (*shakti*) that exists in you, awareness, and is the principle that gives rise to duality (ignorance). Awareness appears as the creation (*jagat*) when ignorance (*maya*) is operating.

The “operating” of *maya* can be called “*mithya*,” the apparent reality. *Mithya* includes all the gross and subtle objects in existence, the objective empirical world and the subjective psychological world.