

# ***Atman* Is the Self, Not a Personal Entity**

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2016-11-05

Source: <http://www.shiningworld.com/site/satsang/read/2975>

**Kurt:** Hi, Ted.

Just a quick question. I have just been reading your *satsang Atman and Brahman*. I also read your *satsang* about awareness being knowledge rather than the knower.

Although intrinsically both *Atman* and *Brahman* are the same, nevertheless, if the *Atman* is in communication with the mind-body complex, it would appear logical to say that the *Atman* becomes the knower rather than knowledge or a combination of both.

~ Kind regards, Kurt

**Ted:** Hi, Kurt.

I'm not sure I understand your question, but here is something to consider about *Atman*.

*Atman* is not in communication with the body-mind-sense complex. It is the body-mind-sense complex in the sense that *Atman* is all-pervasive, limitless, conscious existence. Limitless, conscious existence is only referred to as *Atman* when it is considered the source of sentiency for the body-mind-sense complex.

*Atman* is not a particular entity that knows, but rather is the awareness that "illuminates" the mind and enables the mind to know objects. Thus *Atman* is the knowing principle, or intelligence-as-such, rather than a knowing entity. *Atman*, however, is the true self in that limitless, conscious existence is the fundamental reality. Strange as it may seem, our true identity is not a personal individual entity, but all-pervasive, limitless, conscious existence.

~ All the best, Ted