

Be Happy They Don't Fall in Love with You

Ram (James Swartz)

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Mike: James, I wanted to check in and let you know that I am having a great time with *How to Attain Enlightenment*. It is very helpful.

I flew from San Francisco to Louisiana for a few days of being with friends and cutting brush on my wetlands. On the plane I read the part about devotion and having it so everything is – I don't know the words now – but basically this has turned into living and driving around in the temple. Everything is worshipped, people, places. It's like driving around in a field of worship.

I will say it comes and goes. Some times are stronger than others, but almost as good as being stoned on pot, maybe even better sometimes.

I did have lunch with a group of friends yesterday that included the high school girlfriend I was (am) so in love with. I thought I was over it, but the ache came back after we parted. I guess I still love myself in the form of her. It's an interesting reflection/projection because I never really knew her and still don't really. Actually, I see that I have been ripping off a lot of energy from her over the years and I guess still am. I just wish she would make long eye-to-eye loving contact with me and open her heart up to me.

She's nice, but it ain't that.

I am really focused on watching thoughts come up and identifying which parts of the identified self they are coming from. There are a lot of voices, with a lot of different perspectives. I do think the *sattvic* mirror is getting cleaner. I really got a charge when I read that *rajas* is what is doing the projecting, if I understand it; that was helpful.

Anyway, no questions really, but your input is invited. Thanks for writing the book. It is great. Why doesn't consciousness want me to spend time with you in India?

Gotta go kill some brush.

~ Love, still Mike

James: Hi, Mike. If you are seeing the world as a temple and feeling a lot of bliss, the teaching is working. There is no purifier like self-knowledge. It cleans the mirror like nothing else. And you have it scoped concerning the love business. It is just *rajas* projecting the desire for your self, which is ironically – love. It's too bad some of the apparently many women you fantasize about don't make eye contact, fuck you silly and declare eternal love. Then you will definitely wish the projection had never happened. But the fact that the love is unrequited is just the self looking out after you. ☺ Keep at it.

~ Love, James