

# Cool Email

Daniel Band

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Source: <http://www.shiningworld.com/site/satsang/read/3483>

**H:** Dear Daniel, I am a Vedantin for approximately six years. I love the teachings and I am extremely thankful to Ramji and all the Vedanta teachers who supported me on this way.

I had a couple of intensive spiritual experiences during the last months. They were quite impressive and beautiful. Even though I know very well that that only knowledge leads to freedom for and from the *jiva*, I really enjoyed those epiphanies. They still happen sometimes.

**Daniel:** "...only knowledge leads to freedom for and from the *jiva*." Good for you, H!

**H:** I know I am not the *jiva*. I know the world and all the objects which are part of this projection, including my mind, feelings and thoughts are *mithya*, and therefore not real.

**Daniel:** Spot on!

**H:** I know I am awareness. I enjoy the freedom that I am and experience a deep satisfaction, fullness and easiness that comes from knowing that I am unshakeable, eternal bliss, *ananda*.

**Daniel:** Let's just close the gap and shift the statement "I know I am awareness" to "I am awareness."

Spot the difference? The first statement is indirect, meaning there's an "I" to claim another "I." In other words, a subject-object (dual) relationship still remains, whereby the latter is direct and eliminates the split.

Other than that, it's a perfectly fruitful conviction!

**H:** I do not know if I am enlightened or not. I only know that I feel perfectly satisfied, that I can clearly distinguish between *satya* and *mithya*. I know very well that I am not the *jiva* I thought I was.

**Daniel:** Your conviction demonstrates perfect understanding. The light cannot shine any brighter than that! *Moksa* is clearly discriminating myself, awareness, from the objects that appear in/to me.

Something to add: understanding my freedom from satisfaction paradoxically results as perfect satisfaction. In other words, not depending on my *jiva*'s state of mind (experience), brings to fruition that satisfaction that you speak of.

**H:** The *jiva* with all her imperfections and limitations is still there! The world is also there. Only my understanding changed. That's it.

**Daniel:** Spot on! Chop wood, carry water. Only now, you know very well that you're not actually doing any chopping or carrying, but simply remain as the free awareness in which the chopping and carrying (i.e. the doer) arise in/to.

**H:** I am not being arrogant nor think about *jiva* as being something special. Actually, it's a bit the other way around. I see her limitations and her small mind, and love her even more. She has her conditioning and does a good job!

**Daniel:** Brilliant!

**H:** Do you have any advice for me? I thought maybe it's better not to tell anybody that I know who I am.

**Daniel:** Yes – it's usually best to just keep the lips sealed.

**H:** Thank you very much!!!!

**Daniel:** I really enjoyed your email. I hope you don't mind if I post it at the ShiningWorld *satsang* section. You're most welcome to write to me anytime.

~ Much love, dear self

**H:** I love it!!!!

Thank you!

Of course you can post it!

I love You!

**Daniel:** And I love you, dear self!