

Freed From Specialness

Daniel Band

2016-03-15

This email demonstrates the workings of Vedanta. A beautiful letter of conviction from once-a-seeker.

Once-a-seeker: Hey Daniel,

Damn, that high spiritual energy really had me trapped! Stupid *kundalini* or whatever.

Now, I know myself, awareness, as simply very ordinary. I kind of envision myself as the sun shining rays to all corners as the source/preserver of everything. (While of course I, awareness is eternal and the sun isn't).

Sounds special maybe, but I think of it as very ordinary.

I seem to know it as myself, no more separation between the knower and known.

Now when I look at the *Om* symbol, I simply see myself, very ordinary awareness, not special at all.

It is a tough nut to crack. *Jiva* can never be limitless, while I am always limitlessly self-shining.

Couple of days ago I thought: I want to be ordinary or not be at all.

These spiritual states make the *jiva* completely restless; *vasanas* start kicking in like crazy etc.

I feel an ordinary sense of calm. Vedanta leaves it to me to verify.

Also, I don't have any reference points because I know awareness as myself and there is only myself.