

# Freedom from the Experiencing Entity

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**Jack:** I have been reflecting on your words: "Vedanta is the knowledge that frees you from the experiencing entity. It is not freedom for the experiencing entity, because the experiencing entity is not conscious. It cannot be made free, because it is not bound in the first place. True, it seems to be bound owing to *maya*, ignorance of the fact that you are awareness and not the experiencing entity."

I realized that I have been focusing on certain *vasanas* in an attempt to work them out, as in letting whatever subtle body energies play itself out until I experience a freedom from those *vasanas* in that they don't come up anymore. The key words are "in an attempt." This method hasn't really rid me of the *vasanas* coming up. They still come up over and over.

Reflecting on your words, I came to realize that there is no reason to do this at all. The *vasanas* are just inert energies, and there is no entity that is bound to this *vasana*. I don't want these *vasanas* to come up any longer, so I took on this technique to get rid of them. But it's not working due to the fact that I still have this story of "I am working on these pesky *vasanas*." As long as this story is there, the *vasana* will be there.

The only way to be free of them is to realize that I am already free of them. Then they won't have any reason to come up over and over, since I no longer am affiliated with them and they lose their steam. Is this correct?

**James:** Absolutely. Got it!!! Good for you, Jack.