

## Fruits Of Self-Knowledge. Yum.

Daniel Band

2017-01-26

Source: <http://www.shiningworld.com/site/satsang/read/3145>

A post from the [Non-doodle FB group](#):

If you're a student of Vedanta then you know that enlightenment/freedom (*moksa*) is as a result of self-knowledge and not of a particular experience. Actually, enlightenment is freedom from experience all together.

This is not to say that experience does not exist, take place or that you don't enjoy experience. It just means that you don't depend on a particular experience for your happiness because you know yourself to be unchanging awareness, That 'Factor which is already whole and complete, self shining and totally free.

Now here's the apparent twist; even though self-knowledge is not an experience it does however result in a particular experience; steady confidence, natural satisfaction and loving-unconcernedness would be a few gems to mention. We call this the fruits of self-knowledge. Yum.

