

Liberation is Possible This Lifetime

Ted Schmidt

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Ted,

I can't thank you enough for your 'process' description. It helps to validate the path I am on and helps me to relax and just continue working. I kept thinking there was some combination of actions I had to perform to induce a shift.

I was also noticing that many if not most enlightened people started their journey by some profound epiphany that shifted their relationship to the world. Having only had, at one point, a quiet image of unity appear in my mind in a waking-up dream state, I thought there wasn't much chance of my finding liberation in this lifetime.

One thing that I was already working to accept was that, well, maybe I won't be enlightened. That will have to be and will be OK. Now I know that what is to be done is to continue to work at the level at which I want enlightenment and leave the results up to Ishwara.

Thank you.

Steve

P.s. It looks like APAROKSHANUBHUTI is next in the list of the complete Vedanta set of videos. Shall I start on that, along with reading the text of it on your website?

Hi, Steve.

I glad to hear that what I shared was helpful. *Moksha* is possible this lifetime. That is the whole point. You are on the right track, my friend. Given the degree of *mumukshutva* you have, you will definitely reach the goal. Of course, the goal is actually nothing to be reached, but simply discovered as the already existent truth of your being. You are the self. You are limitless conscious existence associated with, but ever unaffected by the body-mind-sense complex with which you are associated—this Steve Jansen guy :-). You get to have the experience of being Steve, so to speak, but you are always ever free of the experience. Steve has come, and Steve will go. But you will remain, just as you always have throughout all the changes Steve has undergone.

Taking on *Aparokshanubhuti* next sounds like just the thing. But remember it isn't a race through the scriptures. They all say the same thing. I understand the desire to read as many as possible. But don't be afraid to revisit a given text over and over. You might be surprised how your ever-deepening understanding allows for a deeper appreciation of the nuances of scripture.

In any case, carry on, my good man.

All the best,

Ted