

# Love Mantra

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Source: <http://www.shiningworld.com/site/satsang/read/3301>

Do I really need love? Or am I already just pure love? I am the latter, and this is my *mantra*:

“Love is my nature, love is my essence. I am the essence of everything that is. I am the love with no opposite. My love has no beginning or end. I am the love that’s free from emotion and all time-bound activities. I am pure, whole and complete. I am self-lit, self-loved, self-satisfied. I am the love that beautifies beauty. I am the love that makes all of the worlds dance. I am non-dual love – I am non-dual awareness.” ~ [Non-doodle](#)