

# Once Depressed

Ram (James Swartz)

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**Eduardo:** Hi, James. I'm a friend of Luigi, we live in the same town. Luigi introduced me to Vedanta. I'm totally new to this and have never been in the spiritual world. Of course it was my choice to start reading your book and looking at your DVDs. I don't want to bother you with my story, as I know that you get tons of mails from people. I just want to tell you that your book and Vedanta in general seems to have the answers that I was searching for. I still not have finished your book; it takes lots of time to read for me because it makes me think a lot, and I'm also not that good with the English language, so I have to translate some words I don't know. Now I really want to continue studying your book, DVDs and also come to one of your seminars. Can you tell me where and when are the next seminars? I'm thinking about travelling India for a month in February, so if you do something there, please tell me.

As the books say, now I need a teacher to totally understand Vedanta... do you have some time to answer to my questions if I had something to ask? I can also ask Luigi for some questions; do you think he's prepared to be a Vedanta teacher? I've got a lot of trust in him and in Vedanta because I see him change from a "depressed" person to a happy person. For me he's the proof that the teachings of Vedanta work.

Cheers!

~ Eduardo

**James:** Hi, Eduardo. Very nice to hear from you. I am glad that Vedanta found you. It works, as you can see from the change in Luigi. Ask him questions. I am sure he can help you. If he can't answer to your satisfaction, write to me or my wife, who is also a Vedanta teacher, and we will answer. I am doing a seminar in India starting January 3 to February 14. It would be good to come to that. I am also doing several seminars in Germany and Holland in the spring. You could come to one of them. Take your time with Vedanta. Read the book slowly. And study the website. Give my regards to Luigi. He is a great guy.

~ Love, James