

People Don't Know What They Don't Know

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2016-10-09

Source: <http://www.shiningworld.com/site/satsang/read/2958>

Inquirer: Is it true that Vedanta doesn't try to prove that you exist or that you are conscious, but that you are limitless? Since existence and consciousness are the only two factors in existence, reality must be limitless.

I know this is a correct statement. I just wonder why I kept inquiring into the reflection of consciousness, or consciousness itself, when it is clear I am an existent and conscious being.

Nobody denies that he or she exists or that he or she is conscious. This proves the reality experienced by all, limitless conscious existence. One does not create limitlessness, only the self-evident facts of existing and being conscious are recognized for what they are.

Daniel: Vedanta just proves that there is only one reality and that this one reality is you, limitless awareness/consciousness.

The fact that you exist is self-evident. The tricky part is understanding the non-dual nature of reality and what that means. In other words, to firmly claim one's identity as non-dual awareness whilst knowing what this means (i.e. existence is me yet I simultaneously remain free from my self-projected forms). This is damn subtle work!

Inquirer: The tricky part is really not that tricky once you understand. No one denies being conscious. ☺ Vedanta is applicable to each and everyone.

It is a self-evident fact that existence is conscious or that consciousness exists. These being the only two factors in existence, reality is limitless.

Daniel: People don't know what they don't know.

Like everything in life, things only become obvious/clear (untricky) once the mind gets educated (attains knowledge) on the topic it's wanting to know. But until knowledge of the subject is attained, it remains tricky/unknown.

For us *jnanis* the only topic is me, limitless awareness.