

# Quest Almost Over

Ram (James Swartz)

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**Ian:** Hi, James. I don't wish to trouble you. I'm not looking for advice, I just wanted to say that things have been going really well lately.

I was having trouble with some pesky desire *vasanas*, and was reading *Aparokshanabhuti* and at the end Shankara recommended that *hatha yoga* can help, so started doing it again regularly and it has really made a difference, especially in conjunction with *karma yoga* and trying to follow my own *dharma* more. Of course persistent inquiry and all the rest are awesome too.

My partner and I are really looking forward to coming to the Tiruvannamalai talks next year. First time to India for me, so it will be jolly.

Don't really need help, because you have already told me what to do via books and emails, talks, etc. I just have to keep tweaking everything and it just seems to get better.

Thanks for the help you have given, my quest finally feels like it will be over before long. I am *sattvic* most of the time. And inquiry has become much easier. Who would have thought that all I was missing was improving my qualifications? LOL.

~Love, Ian

**James:** Hi, Ian. I am so happy that Vedanta is working for you. Keep it up. If you know the value of Vedanta, which it seems you do, your journey is nearly over. See you in India.

~ Love, James