

# The Formula Is Simple

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**Jay:** Hi, Daniel.

I am considering *karma* and how things occur, and what *Isvara* will allow as such.

As we start in inquiry, we begin the process of shedding ignorance, consequently our true nature begins to emerge like the sun burning off the morning mist.

If I have this right, this then starts to affect the *gunas*, which tends the mind to become more *sattvic* and balanced. Accordingly this in turn will affect our action, even though we have no right to the fruits of action.

Therefore as we gradually start to purify the mind, we automatically also start to carry out right action, hence the fruits of our action will be more favourable, since all result of action has to maintain balance and benefit the whole.

So when we hear the cry God willing, it is all due to us. Hence if we pursue life with right action and a good mind *Isvara* is more likely to tip things in our favour. Thus everything becomes self-fulfilling.

**Daniel:** Your understanding is crystal-clear, perfectly summed! Good for you, Jay.

There ain't no purifier like the fire of self-knowledge. Self-knowledge = appropriate action, and appropriate action = appropriate results. The formula is simple.

May *Isvara* continue to shine such beautiful *sattva* on your *jiva*.

~ Much love, Daniel

**Jay:** Daniel, many thanks.