

The *Maya* Matrix Machine

Ram (James Swartz)

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Zoe: Dear James, in my dreams last night I was being taught (which happens occasionally), and so I wanted to confirm the ideas with you if I may. In ignorance of who we are, we focus our attention into the “design” (world, program).

Because whatever we focus on we “tune in to,” we now tune in to the push-and-pull information, like hearing a song and then getting lost in the song, then thinking we are the song. Like a pendulum we focus on the apparently moving parts, in ignorance that the self as fulcrum is never moving. We then think that we are “doing” as the apparent movement of the pendulum swings this way and that. Innocently we mistake our identities for the design that is subject to apparent motion and then we suffer as we go to war with the apparent motion, the confused mistake of thinking we are the doer being a cause of most suffering.

James: So far, so good.

Zoe: “Trying,” I was shown, was a key indicator of this confusion. When we “try” it is a result of a mistaken identity. With firm knowledge of the self, there is no trying. As the doer is apparent, so too the apparent motion is recognised as the design and not the ultimate identity. I am to use this information to notice when there is trying, and self-correct my attention back to self-knowledge.

Innocently, in ignorance the self becomes fixated on action and then enslaved to it by “trying.” With firm self-knowledge, action apparently happens but now self knows the truth that it is free of trying, or struggle. As a result, the natural design can now unfold its perfect song (apparent action) in harmony with creation, and illuminates the best of the human design. A tree is a symbol of the design illuminated, free of struggle and trying, being all it was born/designed to be where action simply happens.

James: Yes, identification with the doer is the problem. Behind it is a desire for something to be different from what it is. When you see that nothing can be different – that the whole *Maya* Matrix Machine is a set-up, the doer “dissolves,” meaning the identification with the doer stops and awareness acts without acting.

Zoe: Then I was told, or more accurately, the knowing arose...

James: Good correction, Zoe. There is no one out there “telling” anyone anything. It is a dualistic metaphor and gives the wrong impression.

Zoe: ...if any soul spent lives focused inwards, the truth would be revealed because we would tune in to the self. All that needs to happen then is a 180° turn, claiming the self as identity.

James: Yes, this is called *yoga*, the mind turned inwards. This is why it is important to have a simple lifestyle, although I think you can probably keep the mind turned inwards and handle your life as well.

Zoe: The main idea in this dream lesson was to use “trying” as an easy-to-spot indicator of confusion.

James: Yes. There is nothing to accomplish here. You are already “accomplished.”

Zoe: Any confusion here or is my mind interpreting this clearly?

James: No confusion, Zoe. You are right on track. Go to the head of the class!

~ Love, James