

The Self Has No Identity

Sundari (Isabella Viglietti)

2016-01-18

Source: <http://www.shiningworld.com/site/satsang/read/2486>

Dana: Hello. I am living my *karma yoga* life. I read *Bhagavad Gita* intro and joined verses by Ram.

In Chapter IX, verse 29, “Indeed, even women, business people, the lower castes or those born into families of improper conduct who take refuge in me ultimately realise who I am.”

I am deeply puzzled about the “even” women. Women in the same category as business people and the lower castes?

I hope to hear from you, if you can explain.

~ Yours sincerely, Dana

Sundari: Hello, Dana. Thank you for your email.

Your question is a fairly common one from women, as that verse in the *Bhagavad Gita* does sound very sexist. It has to be taken in context with the times that the *BG* was written, which were male-dominated. What it really means is that anyone, irrespective of their status, can realise the self because it has nothing to do with sex, caste or anything else. The self has no identity – it is neither male nor female nor any other identity the ego is identified with.

~ *Namaste*, Sundari