

Time Travel

Ram (James Swartz)

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Cecilia: Dear James, I have been following your teaching and understand the fact that all is one. However, I think you're missing something when you say that there is no time. I am a trained and experienced shaman, and I regularly travel through time. I can provide many testimonials – my clients can back up the fact that I consistently and accurately describe what has happened to them in the past, and indeed what potentials will most likely happen for them in the future. Although it is a skill that most people do not have or understand, indeed I regularly travel into the past and into the future, gleaning perspectives which inform and help my clients.

If time were not real, how could I possibly be doing this?

James: Dear Cecelia, when I said there is no time I meant there is no time in non-dual reality, in pure awareness. But there is time in *maya*, the apparent reality, but it is not real. Vedanta's definition of reality is "what never changes," and since time is only change, it does not fit our definition. I think your idea is that what we experience is real, that "people" are real and movement is real, so you are right according to your definition.

We do not deny time. We only ask, who knows time? Who sees the traveler passing through time? It is not the traveler. The traveler is an object known to the real you, awareness. It is not something that is obvious to someone who sees life as a journey through ever-changing experiences. But at some point it starts to dawn on you to ask who this traveling, changing entity is and whether or not he or she is actually getting anywhere by traveling. People feel something is missing and they travel to find answers, but the answer is never far away. The answer is you, the knower of the one who travels. So Cecelia travels, but you do not. Think about it and see if there is a stationary, eternal you too. It is a great inquiry.

~ James