

Two view options

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Source: <http://www.shiningworld.com/site/satsang/read/3115>

M: Hi Daniel.

That seems to be where I am now.. there is a play being watched. Are my actions reactive or proactive? I think it depends upon from where I am seeing or playing the role.. from the stage character or the seats? Lately there has just been awareness.. flowing doing its thing. Its been nice. A home of sorts.

Daniel: Yes, it definitely depends upon your view. There are two view options; the 'limited *jiva* view' and the limitless view.

Taking yourself to be the *jiva* offers a limited view and is the 101 cause of existential agitation.

Claiming your true identity as actionless awareness translates into a very different view, an experience of ease and loving unconcernedness.

We're going for the latter.

You describe awareness as something other than yourself. But this awareness that's 'lately been flowing and doing its thing' IS YOU, and this you has always been available.

This is where the work of self-inquiry comes into play. Vedanta offers the methodology that allows the mind to reclaim its true identity as free awareness so it can enjoy this limitless view as itself for itself. We call this resting in awareness as awareness. But this resting only occurs when ignorance (identification to/as the limited entity) has been removed.

Here's another thing to contemplate on: It's not the *jiva* (the person reading this) that knows awareness, but rather awareness (you) that knows the *jiva*. The person named 'M', like the tree outside, is an object known to you.

M: Amazing points...!! I like the last one. Yes I am the awareness that knows M. I have always signed off memos as... Love pretending to be.. M.

Daniel: That's a good sign-off ;)

M: I had an explosive shift and opening 5 years ago.. it was an experience a satori, that lasted two months it was just day after day of continual Oneness.. no me, no anything.. just everything as clear boundless vibration. It faded , then slowly opened more gracefully.

Daniel: This is why in Vedanta we clarify between experiential enlightenment versus knowledge-based enlightenment. We are all about the latter. Knowledge is always available and is not subject to change. Whereas the former type of 'enlightenment' is at the mercy of the clock. Actually, experiential enlightenment is not enlightenment to begin with. Here's a [link](#) that distinguishes the two.

We do not give much concern to the world of objects (*mithya*)---which includes spiritual

experiences. *Moksa* is not an experience (no matter how 'spiritual'). *Moksa* is freedom FROM experience.

M: Now years later.. i am just this.. presence.. life is smoother and feels like a different dimension.

Daniel: You, awareness have always been just this presence. You are never not present. Textures and dimensions are objects appearing to/in you and only applies to the *jiva*. You, awareness are free from all qualities including from the *jiva* reading this.

M: I express its beauty with music as i play guitar and sing to seniors, and have discovered the Native American Flutes to be the closest instrument to express this place.

Daniel: The "it" is actually you. So let's rephrase: "I, formless awareness, use this *jiva* as another vehicle to express my beauty in apparent forms"

M: I dont see the place as something seperate from me or anyone.. rather everything and one is a pattern of this place.. yet most are unaware.

Daniel: I know what you're trying to say but awareness (you) is not a place. You are timeless, dimensionless, borderless and simply the non-dual light that knows everything that is. Actually everything is only dressed-up in apparent form.

M: I had dinner with a girl last night.. who was talking about her job etc... i will say her energy felt as though she was literally on a different place.. than i was. It was like she was the icing and i was the cake. She was pure story and individual. She described her stress reduction seminar as mind body experiences.. I could barely express who i was to her.. and didnt even bother. It felt like a glass was between us..

Daniel: Yup, *Ishvara* sure enjoys creating story tellers. Good for you, it's best to zip-the-lip and not talk about spirituality or inquiry if the person is totally trapped in dualism.

M: Others.. in this world.. are completely lost in story.. I know there really isnt any other. and can see that.. but knowing this experience and Truth.. does offer a warmth a freedom from the mind continually striving to make a story perfect. This offers perfection all the time. So i can even see this girl was perfect in her thin view of life.

Daniel: When you understand yourself to be non-dual awareness you then love everything because everything is you. You are perfect in all forms and in all way, always (including in the form of blonde *samsari* babes!).

M: I have another friend that on the other hand.. is a complete vibration of grace.. fully awakened.. and beautiful. I spend a lot of time with her. Its just easier.

Daniel: This is nice.

M: Question.... I am interested in teaching .. I wrote two books about this.. I dont call it Vandatta though.. I dont call it anything really. One book is a poetry book, the other is a path book. It teaches pointers.. uuuugg. I fought that one for a while then wrote it and found it to be so fun.

So.. in teaching.. i was gonna charge. but decided.. hmmm... id prefer to offer this for free.. what are your thoughts.

Thanks for writing. Its good to connect with others.. who get it

Peace.. pretending to be .. M

Daniel: I suggest pausing on the teaching idea and first establish the mind firmly in self-knowledge. I suggest that you invest in James Swartz' book "The Essence of Enlightenment". Read it over and over. Digest each page. And then read it again. The best way to teach is through *dharmic* action and if *Isvara* demands that you teach then the appropriate timing/situation sure will arrive. There's no rush. Here's a [link](#) to James' book

Feel free to write to me after you've read it.

Om for now,

M: Hi Daniel..

Thanks for the great feedback. I totally understand everything that was pointed.. the awareness is all.. always. and even appears as a seperate story at times.. to know itself.. I am all of this. its beautiful. I really dont read books.. i watch videos here and there, maybe read poetry.. i like James read his stuff.

Its nice to talk to someone who is in this place too.. who is this place.. this endless place.

I am finding the teaching takes place.. i don't do it.. it happens within my flute journey talks, or guitar gigs.. or at the store buying coffee.

and it doesnt need to happen also..

M :)

Daniel: Easy day, friend. =)