

Seeing Other People's Awareness

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James: How did it go with the girl?

Sandy: Well, I never got the girl, but I came a lot closer to her than I was to begin with. I came real close to getting her. Alas, all I got was a kiss and friendship. The field of action had other ideas. Believe me, I was obsessed with her for years and tried everything in my power to instigate a relationship and I knew that she liked me as well, but nothing solid ever came of it. It was a big lesson to me that in the end my actions were mine, but the results could not be.

Also, on another note entirely, I have been finding for a while now that when the *vasanas* aren't pulling me outwards too much and I am resting more as awareness, here and there I am able to see where other people's awareness is looking... in a vague, indistinct kind of way. It seems that because we are all the same awareness, I can be aware if others are not "abiding" in "theirs" and can see that they are stuck on some thought or object of senses, etc. It is not really like some kind of *siddhi* (I have had a few of them pop up at times over the years). It just seems very natural, like being aware of what a part of "myself" is doing (like my leg) without really trying. Anyway, it really helped me to see that it is actually and only this one awareness seeing/being all. Also, it makes you aware that "everyone's" attention is fixed in the wrong direction. It seems to be such a matter of "internal" orientation.

~ Yours gratefully, Sandy

James: Yes, indeed. When you are established in awareness as awareness you can see where the attention of another person's subtle body is directed.