

End of a Long Journey

Ram (James Swartz)

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Brenda: Good morning, Ram. When I arrived home yesterday I opened the book, not to read in that moment but just to take a glance. I opened up to page 145. The last few lines on that page caught my awareness and seemed an aha moment. What you were sharing with me yesterday... about where thoughts come from, the inner voice, etc. My thinking was... they were coming from Baba or some higher force that was somehow pulling my puppet strings.

In the evening I started from the beginning of the book and did as you suggested... not to gulp it down but take time to really ingest the message.

This morning when I awakened... the first coherent thought was... this inner voice that you have been hearing all along... since you were a small child... is the voice of awareness in which the self of awareness in non-form is speaking to that aspect of self which just happens to believe it has a form... and finally dissolving that veil. Letting the child of awareness... that was hidden in *maya*/illusion... out to play!!!!!! ALL IS ONE... not new information... a new understanding that brings a greater understanding of the word "FREE."

Whew... in the field of time... almost a lifetime.

Ram: Hi, Brenda. I was talking to a young man in Switzerland a few minutes ago on video Skype. He was not religious, but one day he stumbled on Eckhart Tolle's book, saw the limitation of Eckhart's ideas within a few months, read some Neo-Advaita guys and was stymied by the vagueness of it all, and then one fine day the self sent him to my website. We exchanged a few emails and he realized non-duality for good at the tender age of 22. He said it was like he had nothing to do with it, that consciousness just made it happen with virtually no effort on his part. I was telling him about your *sadhana* starting from age three and so on up to the present. It is so interesting how it happens, one person works on it their whole life and another stumbles on it seemingly without effort. It did not disrupt his life in the slightest. Nobody knows but him and me - even his girlfriend doesn't know, much less his family. And you faithfully stuck to the path in spite of a few detours here and there with all the ups and downs and you get to the same place after sixty-plus years.

Yes, the child is you, but you are not the child of God. You have a very pure mind because it is usually almost impossible for someone with strong *bhakti* for God to let go of the dualistic orientation. It is very comforting to rest in the arms of the Mother/Father God, but it is not freedom. That voice of awareness is your voice. It sees the child and it sees God and it is ever free. That is not really correct. It is correct to say "I am ever free. I was not born, nor do I die. I live without breathing. I am pure consciousness."

Brenda: Thank you so much for sharing your time, energy and wisdom with me yesterday. The hug was very nice also. It brought up an awareness of how long it has been since I have had an emotional/personal/physical relationship with a man. There is a sweetness to it when you no longer depend on another person for your

happiness or sense of self-worth.

Ram: Aside from the fact that I am not a man, yes, love is not need. 😊

Brenda: I can see that many people would be attracted to you for a variety of reasons, men as well as women... because they want what you have. The typical... falling in love with the *guru*, the therapist, etc., someone with whom they can feel secure... and who understands them. I am sure that creates an additional opportunity for you to live your truth in how you handle each of these experiences/opportunities.

Ram: I don't really think of them as opportunities. I just see the thinking and understand where it comes from. It is natural to want to be with happy people. What they really want they already have, so it has nothing to do with the me they think I am. When you know who you are you know how to act, like a good puppet, but all they are looking at is an empty shell. They see their own light bouncing back at them.

Brenda: I just want to express my joy in sharing time with you yesterday and I am looking forward to getting deeper into the book.

~ Much love, Brenda

Ram: Yes, I enjoyed our conversation very much. It was an honor to meet you. There is nothing to do, but it is good to tidy up any loose ends in your understanding.

~ Love, Ram