

Vedanta Is a Great Help

Ram (James Swartz)

2010-12-12

Source: <http://www.shiningworld.com/site/satsang/read/1722>

Sandra: Dear Ram, I am the self, awareness, the infinite, boundless self. I am the self. It is nothing but me who is always here, forever here, the loving, endlessly loving me. Nothing separates me from me, from love, from peace. I am love. I am peace. Knowing this, all doubts disappear like clouds in the sky. Ignorance disappears as a real world. A beautiful epiphany that is sweet, sour or bitter and seems so real, but it never lasts.

So, my dear friend, if you discriminate the real from the unreal, you will always be free, boundless and in peace. It is ignorance that makes you believe it is not so. Knowledge, all one, opens the eyes to the truth.

I am deeply grateful that I met you, dear Ramji, for sharing Vedanta, which is nothing but love!

Something has changed since we met. Even though nothing has changed, something very important has happened – the feelings of loneliness and the longing have disappeared. And most important, there is a new clarity about the self. Being, awareness, the self, gives me all the fulfillment. Good news!

My meditation group is doing fine. I am much more clear about the means, the *karma yoga*, the *vasanas* and the standing point. The people are asking good questions. Vedanta is a great help. So of course for me there is a lot more to learn, for making things clear and transparent. This is a great adventure. Feedbacks are astonishingly good. This is all a great gift from *Bhagavan* and of course from my Ramji, Big Chief. Oh, thanks so much!

~ Om, Sandra