

Vasanas Cause Incarnation

Ram (James Swartz)

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Source: <http://www.shiningworld.com/site/satsang/read/1946>

Mike: Thank you, James.

This morning I was thinking that, on a moment-by-moment basis, the *vasanas* can make me, awareness, appear to “incarnate” into the experience of the body-mind (that sounds like the religious idea of “temptation”). It’s just a matter of making that decision, not to indulge them, but to dismiss them and remain focused on myself. One of the triggers for that incarnation is boredom in the subtle body (*tamas*) which then projects the attempt to find a solution in physical or fantasy activity (*rajas*). It’s difficult not to cross that boundary and indulge the *vasana*! For some *vasanas* it doesn’t really matter, but the “dangerous” ones are those that I think might be connected somehow to *prarabhdha karma* and can catapult me into a re-enactment of the *jiva*’s early conditioning and trauma. However, insofar as *Isvara* is making this progressively more conscious, it can now be dismissed.

Doubtless, more will occur but in the meantime, I hope you're enjoying your trip to South Africa. Please give my love to Sundari.

James: You are lucky, Mike, that *Isvara* is taking the patient route with you. The fruit of liberation – freedom – arrives incrementally as the mind gets more *sattvic* and your relationship to the *vasanas* becomes more clear. Keep up the good work.

~ Love, James