

Existential Boredom

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Mathew: Hello, Sundari, I have more insights again.

It seems that discrimination seems to automatically allow this *jiva* to accept its *karma*, innate *vasanas*, conditionings, and so forth as the will of *Isvara*. The more I discriminate, watch my thoughts, feelings, silence, in the subtle body the more peaceful I become. It's almost funny because it seems as though everything is playing out exactly as it must. This email message to you, the people I encounter daily, the types of people I can easily associate with, the other people I can't associate with and understand, and my *svadharma* seems quite natural. Before, I thought there was something wrong with me, that I should be doing something else in life, that I have to "break out" of my *svadharma* and fit in with the rest of the people, and do something totally unrelated to my conditioning. Though there is nothing wrong with that because that's obviously the will of *Isvara* trying to bore me to tears and alienate me to the point where I had to seek out the truth through an impersonal objective guide to understanding what this life is all, about which led me to your and James' Vedanta teachings; it almost seems to be planned, that everything is just given... and comes/goes appropriately by the will of God. The people whom I share similar *vasanas* with simply appear in my life, which usually share one or more of the characteristics of being the laid-back, introverted/spiritual/intellectual/musician/left-wing types. But for the most part, realization naturally puts one in the right place, according to the qualifications of the teachings and also the three *yogas*. There's nothing to do except watch! LOL!

Sundari: You have it all worked out, Mathew, nothing much to add! You made me laugh with your comment about *Isvara* attempting to bore us to death – how very true! I do believe that is exactly what most *samsaris* die of – boredom. The sheer mindless pressure of the repetitiveness and predictability of how the *gunas* play out makes one no more than a puppet on a string, believing vainly and in vain that one has "free" will. LOL indeed.

However, a trap to avoid is the downside of *sattva*. *Sattva* can become such a strong like that one becomes cynical and judgmental of everything else – resulting in strong dislikes – more *vasanas*. There is a kind of *sattvic* arrogance that does not help at all. It makes it difficult to compassionately and patiently go with the flow – to see everything in one's environment as the self, playing out in self-ignorance. In fact *sattvic* arrogance can become a real hindrance to *moksa*. This is a common problem with self-realised people. One becomes over sensitive to and overly critical of everything: noise, people, pollution, crime, etc. It does not bode well for self-inquiry unless one has the eye of compassionate non-duality. Accommodation is a very important qualification for *moksa*.

It does not sound like you have that problem and you are simply enjoying being free of Mathew, observing the passing show. Well done to you, you hit the nail on the head.

~ Much love, Sundari