

# The Self-Conscious Void

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**Seeker:** In Buddhist philosophy, *sunyata*, the voidness that constitutes ultimate reality, is seen not as a negation of existence but rather as the undifferentiation out of which all apparent entities, distinctions and dualities arise (*Encyclopædia Britannica*). Is this not the same as *satya*?

**Sundari:** According to that definition, yes, that is correct – BUT only if it is understood that consciousness and existence are one – or non-separate. In other words, the “void” is a self-conscious “void.” The word “void” is a really bad word to use with reference to consciousness because of its ostensible meaning, let alone its implied meaning. *Satya* is the knower of the so-called “void” out of which everything arises.

~ *Namaste*, Sundari