

No One Owns Self-Knowledge

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Sundari: Yes, that is for sure – working for the self is the highest *dharma* there is, we are very fortunate!

We have been discussing this morning how to pace ourselves better though, as we are burning out...

One has to remember that one cannot really “keep up” in this work as there is always more ignorance – which is why you cannot save anyone because everything is perfect the way it is.

Allow self-knowledge to flow through the mind like a river flows through the mountains belonging to no one and everyone...

It is so silly to think that one finite little mind owns knowledge! When self-knowledge appears in the mind, it is awareness shining on it – like a bright light on a crystal creates a powerful prism of light in a beautiful rainbow of colours, the light belongs to awareness and not to the crystal.

So we must do what we do without doership and take time out to play and enjoy the beauty of this creation. 😊