

# Turned a Corner

Ram (James Swartz)

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**Jack:** James, thank you again for coming down to California and teaching. It seems I have turned a corner. I now understand the usefulness of my epiphany about the uselessness of objects. I feel more and more drawn to the reflection/vibration of my own consciousness. It seems as though my mind just wants to rest in it. I see why clear reflection is impossible as long as I continue the obsession with objects. The last bits of meaning seem to reveal themselves as soon as I focus on them. I'm not sure, what is left really to learn?

**James:** If you have learned to keep your mind on consciousness, then there is really nothing more to learn. Consciousness will teach you. However, Vedanta is a great aid for keeping your mind on your self, so you should continue with your inquiry.

**Jack:** Although I'm sure there are multitudes of specific information but that is just bits of stuff within me, so I can't use it to be any more than I already am. I feel like it really doesn't matter what I do as long as it doesn't draw my mind away from myself.

**James:** That's right. With your mind fixed on the self, follow your nature. Take everything that happens – good and bad – as a gift, and soldier on.

**Jack:** Does this sound normal? They seem like really crazy statements, but that's what it's like, my ego being humbled big time by the revelation of its selfishness. You're right. You can't argue with the logic of the teachings. I'm telling you stuff you already know. The ego can't take any credit for this peace of mind/heart. It seems to deepen and become more real with each passing day. I pray I can stabilize my mind and not lose focus and devotion to it. I'm kinda trippin' out on it. Like, can this really be happening?

**James:** Good for you, Jack. Yes, it is happening. You kept thinking and one day The Great Spirit sent you Vedanta. Grace is earned.

~ Love, James