

The Gravity of the Dance

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Little Bear: Ramji, I came home to the reservation to visit my father and take part in the annual midwinter ceremony where we dance and give thanks for the natural world. I had a wonderful experience that was really unexpected.

Now that I have recognized all the little egocentric games my ego plays for acceptance and validation, I have no more motivation to seek that type of interaction from other tribal members. At the same time, I don't see myself as an Indian anymore. So as I danced I was overwhelmed with the immense gratitude and love for the dance itself. Feeling the gravity and the rhythm of the dance. It's like I had to stop being Indian before I could really "feel" what the spiritual essence of the culture was all about before it became an identity. I'm still studying *Tattva Bodha* and just wanted to say thank you for sharing the truth with me. The work continues.

~ Little Bear

Ramji: You never were an Indian, Little Bear. You are always only pure consciousness, the Great Spirit. The gravity of *Isvara's* dance of life is wonderful indeed, and gratitude is the only emotion.

~ Much love, Ramji