

What Limitlessness and Freedom Mean

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2016-04-19

Source: <http://www.shiningworld.com/site/satsang/read/2669>

Seeker: Dear James and Sundari, greetings and love from me to you and James! I'm not sure when you are back from Mexico, but I hope it was a marvelous time of respite and relaxation! You both work so hard and are so deserving!

I want to tell you first how awesome it is to have clear knowledge! As you've said, *nididhyasana* continues, as does apparent *avidya*; however, there is no going back to identification with inadequacy in any form.

Two things became solid in the ground of understanding: limitlessness simply means that I don't conform to any perceivable or conceivable objects – I had erroneously been thinking of it in terms of space.

The second: I had been fixated on “trying to understand” and even using as a kind of *mantra* the statement “I am that because of which I know what I know” (and don't know). I knew that to be ultra simple, so I thought, THIS I definitely can get! – laughing! During Ted's guided meditation, it was simply and beautifully clear: THIS (me) is not a mechanism that operates knowing. Knowing and ignorance take place in me/because of me: that which illumines all seeming doing and not-doing, sensing and the absence of sensing and so on. Though it was not an experience per se (as many try to explain to the ignorant, futile as it may be), the result was freedom, a state-less bliss, an impenetrable truth that stands more firmly than any ground under our feet.

So, now I know who I am... and my *mantra* during the whole retreat continues: “Soooooooo whaaaaaaat.” It's been here all along. What stands in the wake of the ignorance that has fallen away is the fundamental desire to actualize the knowledge, learn the scripture and completely turn the *jiva* life over to *karma/bhakti/jnana yoga*.

My inexpressible thanks to you and James for ShiningWorld, and for supporting Ted on his journey to becoming a truly great “purveyor” of the Supreme Knowledge.

We were all pretty amazed that it was his first seminar of that kind, surely not to be his last!

James: This letter speaks for itself. However, your definition of limitlessness and freedom are second to none!