

Devotion, the Fruit of Self-Knowledge

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Shankar: Hi, Ram. I see that the knowledge continues to get more subtle. There are things that I continue to understand and appreciate, like the “*Om Shanti Shanti Shanti*” at the end of every prayer, or *shloka*. I realized, “I am That,” at all times. When I was a child I always thought it meant that we are praying for a peaceful world.

I now know that it is a statement of fact, of reality.

I’m also into *bhakti* now. I grew up being almost atheist, and visiting temples occasionally with my parents. Now I feel like going and prostrating... before God, myself, all that is.

I also appreciate religious people who have faith now. I never had any faith before or any appreciation for those who did.

Om Namah Shivaya!

~ Thanks, Shankar

Ram: This is so cool, Shankar. *Bhakti* is the fruit of self-knowledge. *Om* and *prem*.