

# Any Other Means

Ram (James Swartz)

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**Mira:** Hi, James.

I hope you are well. If you could check my understanding/questions below, I would be so grateful. It feels like this knowledge is incrementally taking hold in my mind, living it is a bit like riding a bike without training wheels for the first time, many stacks and near misses. Although through the use of *karma/dharma yoga* there seem to be fewer obstacles to crash into... at least for now! Any feedback, comments or clarifications would be greatly appreciated.

I exist and I am aware of my existence, this is why awareness is said to be self-validating. I am intuitively aware of my existence regardless of the presence or absence of objects, including the body, mind and intellect, etc. To live in this world free from limitation and suffering all that is required is to have full confidence in the fact that my sense of existence or being is not dependent upon or effected by any conceivable object, experienced or inferred phenomena, period! I, awareness, do not give known objects a name, location or any meaning at all. I do not discriminate or get confused. Confusion can arise, but it does not touch me; if I find myself confused on any topic, including Vedanta, I have identified with the subtle body. To resolve confusion, all that is required is to separate myself from the subtle body confusion, in my understanding; there is no need to resolve confusion by any other means?

If you wish to forward this to one of your ShiningWorld team, I would be more than happy with any response.

Thanks once again, and much love.

**James:** Dear Mira, keep up the *karma yoga*. It is achieving the desired result: allowing you to assimilate the teachings. I can't find any flaws in your understanding. However, if discrimination removes a confusion but the confusion persists after repeated applications of knowledge, then you may have a lifestyle issue, in which case there is probably some unexamined worldly value causing it that may require some kind of change in the way you live. If, however, you notice that the confusion on a particular issue is gradually becoming less intense and frequent, it means that knowledge alone is sufficient to purify your mind, which is a very desirable situation, insofar as complete freedom is within your grasp, assuming a burning commitment to the practice of knowledge. Keep up the good work!

~ Love, James