

DMT and the Causal Body

Ram (James Swartz)

2013-08-31

Source: <http://www.shiningworld.com/site/satsang/read/292>

James: Hi, Tim. I had never heard of DMT,* the “spirit molecule,” before your letter. Yesterday a friend sent a couple of links to websites about it, and while I didn’t have time for more than a cursory glance, I found it very interesting. I know what it is.

*Editor’s note: dimethyltryptamine (DMT). Tryptamine is a monoamine alkaloid found in plants, fungi and animals, in trace amounts in the brains of mammals, and is believed to play a role as a neuromodulator or neurotransmitter. DMT is most often smoked, and is considered the ultimate psychedelic experience, extremely intense but completed in about 20 minutes because its chemistry is very familiar to the brain.

It is an introduction to the macrocosmic causal body, Consciousness with a capital “C,” operating the programs that create the psyche and the material world.

Reality is comprised of four basic factors: (1) pure Consciousness (big “C”), (2) consciousness in association with *maya*, or *Isvara*, the intelligence that writes the code that stands behind the macrocosmic subtle body and the macrocosmic gross, or physical, body and brings those ideas symbolized by the “hieroglyphs”; (3) consciousness appearing as the macrocosmic subtle body, the mind, and (4) consciousness appearing as the material world.

This is the basic structure of reality, *maya*, which I call “beautiful, intelligent ignorance.” *Maya* (2) transforms the substrate, pure consciousness (1), into the subtle (3) and the gross (4) objects that make up consciousness’s world.

Maya, or the macrocosmic causal body, is called the “bliss sheath.” It holds the programs and executes them, and it is where the *jivas*, the Tims and Jameses of this strange human world, go when they get what they want or when they sleep at night. This is why you experienced pure love during your trips.

The DMT breaks down the natural filter between the bliss/love sheath (body) and the subtle body, the apparently conscious human mind (Tim, not to put too fine a point on it), and a faint visual approximation of the secrets of *Isvara*’s mind reflects experientially in the subtle body, giving little Tim quite a jolt knowledge-wise. It is not uncommon for people to have the reflected experience of some aspect of the causal body. This filter can become damaged in various ways, allowing a torrent of information, often in the form of past traumas, to flood the subtle body and destabilize it, resulting in psychosis. In the case of DMT it seems that the breakdown is quite orderly and the information is structured aesthetically (God is a great artist!) and at least in your case, because you are a well-grounded cynic and a knowledge-seeker, it provides a more or less consistent glimpse into the “world” behind the visible world. There is an interesting description of this state in the *Bhagavad Gita*. You may not be able to draw the connection between it and what you experience on DMT but it is the same state viewed from a slightly different perspective.

Since *Isvara*-knowledge is so subtle and complex – it is the mind of “God,” after all – and limitless it is impossible for the microcosmic subtle body (Tim) to assimilate the whole of it. If the whole knowledge was downloaded in a single experience to an

individual mind, the mind would be destroyed. So you get glimpses, reflections, and it makes you wonder - "What the fuck is this?"

Yes, from a certain perspective it is a profoundly interesting and perhaps game-changing experience (although I suspect dear Tim still gets up, ambles off to the office come 8:00 am Monday morning, hieroglyphs or no hieroglyphs) but let's ask why the macrocosmic mind presented this experience to the apparent Tim Deacon. Was it just to convince him that there was something more than what he experiences in his humdrum life? Probably not, insofar as said Tim already knows there is something more.

But what is it? As I mentioned at the beginning, there are four factors in reality. The experience accounts for the last three but not the first factor - pure consciousness, the non-experiencing witness. Who (or what) was there observing Tim experiencing the mind of God?

~ Love, James