

It's so Simple

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Seeker: All I can do is laugh. I want to cry too. I get it. It's so simple. As soon as you put a label on the self you limit it and you start desiring things to complete it. Know without knowing. It can't be described. It is like "duh!"

It feels great to be. I don't even know what to do with myself. I feel so powerful and free. I love you, man. You helped me so much. I can't be described and that's the problem and the solution. When you label the self you see it as an object instead of yourself. Ha! Just be it and know without knowing. I feel good right now, I'm so... whatever. Thank you so much.

~ Love, me

PS: Sorry for all the misspelling. Well, I'm not really sorry, I don't care and I know you don't either. Isn't that great?!

James: I corrected the spelling.